



‘First Days’ Pēpi-Pod Trial

a small portable sleep space for use in
birthing facilities

Coordinated by
Change for our Children
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[Photos: provided with permission]

Need

to be close and safe in the new born period



2009 Trial of Clip-on Cots in Canterbury hospitals

Mother and baby in St George's Hospital, Christchurch.

Problem

safe but not close enough for easy access and touch



Parents and baby in same hospital on the same day

Outcome

in 2009, parents and staff loved the clip-on cots

But ...

- Expensive (cost \$1500 each in 2009)
- Don't fit with all hospital bed types
- Attempts to modify the clamping (at CWH)
- Other types explored, but still issues

And ...

- Six years on and we still have the problem

Impact

who stands to benefit from a solution?



Impact

who stands to benefit from a solution?

| Who? | In what way? |
|----------|--------------|
| Babies | |
| Mothers | |
| Staff | |
| Managers | |
| Facility | |

Trial

to test the concept of a 'first days' pod



Portable sleep spaces have proved useful in homes, so ...

Process

just try it

We have prepared documents to support you, but this is your trial. Find out:

- Could this work in your facility
 - In what situations
 - With what infants and mothers
 - Under what conditions
 - What might need to change
- What/who might help or hinder its success?

Possibility

if the little pod works, then ...

| these things and more are likely ... | Benefit to |
|--|------------|
| Conflict with Safe Sleep policy resolved | facility |
| Highly cost effective solution | managers |
| Closeness to baby for tending to needs | mother |
| Closeness to mother for developing trust | baby |
| Strengthened start to mother-baby relationship | family |
| ... and so much more | |



sleeping



comforting



feeding



gazing



loving



dozing



lifting



tending



cuddling