

Sleep Space Data Record 2019

This form is a 'one stop shop' for supporting DHB to monitor and report on their sleep space services.

It can be used for entering any or all of: 1. Ministry of Health, 2. Distribution and 3. Impact data, and for the issue of Wahakura, Pēpi-Pod® or any other 'in-bed capable' infant sleep spaces.

Please transfer information from this paper form to the **online e-form** at https://changeforourchildrennz.sites.acclipse.com/pepi pod programme/sleep space data record 2019

after all data required for your service has been collected.

CONTACT DETAILS (not required on the electronic version of this form)

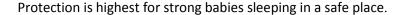
Name of parent/carer:			
Name of baby:			
Street address:			
Suburb:	Postcode:		
City/Town:			
Telephone	Mobile: Landline:		
Back-up contact:			
Email:			
RECORD OF PROGRESS (not required on the electronic version of this form) Referral received on / from			
☐ File closed	□ File closed		

PROGRAMME INFORMATION FOR WHĀNAU

Infant sleep spaces (Wahakura and Pēpi-Pod) are for protecting more vulnerable babies from accidental suffocation. They make it safer for babies to breathe when babies sleep in, or on, adult beds, on couches, in make-shift beds, in the same bed as others, or when away from home.

Suffocation deaths are more common for some babies than others. The more vulnerable babies are younger, premature, low birth weight, or smoke-exposed babies. They have weakened breathing, or slow 'wake-up' responses, and need extra protection when they sleep, **every time** they sleep. **Every** sleep needs to be made safe.

A sleep space is not a guarantee that a baby will not die. As well as a safe place to sleep, babies need safe care. They are stronger when breastfed, smokefree, immunised on time and handled gently.







protection = safe space + strong baby

REPORTING

Service details (Essential for linking data to your DHB region)			
DHB region:			
Distribution Agency:			
1. Ministry of Health Reporting			
Mother's NHI number:			
Baby's NHI number:			
Date assessment was made indicating a safe sleep device (SSD) is needed:	//		
Family accepted a safe sleep device:	\square accepted		
	□ declined		
Type of safe sleep device provided:	☐ Wahakura made by recipient		
	\square pre-made Wahakura		
	☐ Pēpi-Pod		
	☐ Baby box		
	☐ Bassinet		
	☐ Portacot		
	□ Cot		
Date safe sleep device was provided to family/whanau:	/		

2. Distribution reporting (data collected when a sleep space is issued)				
To answer: Are sleep spaces going to more vulnerable babies?				
Current age of mother :	years			
Age of baby at distribution (in completed weeks):	☐ unborn ☐ < 1 week ☐ weeks (please specify			
Any smoking before most recent pregnancy:	☐ yes ☐ no			
Any smoking during most recent pregnancy:	☐ yes ☐ no			
Baby born <37wks or weighing<2500gm):	☐ yes ☐ no			
Any other concerns: (more than one option may be selected)	 □ regular smoking in baby's household □ regular alcohol or drug use in baby's household □ overcrowding □ mental health concerns □ low maternal support 			
Baby's ethnicity includes: (more than one option may be selected)	☐ Māori ☐ Pacific ☐ Other			
Baby has a baby bed:	☐ yes (family has a cot, bassinet) ☐ no (family has no other baby bed)			
Device offered:	□ Pēpi-Pod□ Wahakura□ Other 'in-bed capable' device			
To answer: Are core components of the programme implemented?				
Was a standard safety briefing completed?	☐ yes, using the picture card supplied☐ yes, but did not use the picture card☐ no			
Was infant airway protection demonstrated, using the tube provided (or a drinking straw or similar)?	□ yes □ no			
Were you (whānau) encouraged to share your knowledge with others about protecting babies?	☐ yes ☐ no			
PROCEED	to 3. Impact Reporting OR if finished, to the end.			

3. Impact Reporting (data collected at follow-up when baby is 6-8 weeks)			
To answer: Are sleep spaces used as protection tools? Are safe sleep principles applied?			
How many people have you spoken with so far about protecting babies?	0 1 2 3 4 5 6 7 8 9 10 >10 (please circle to indicate)		
2. Since getting your sleep space, has your baby ever shared a bed, mattress or couch with someone who was also asleep?	□ yes □ no		
3. If yes, was your baby also in their sleep space at the time?	□ always □ usually □ sometimes □ never		
4. Do you place your baby on the back for sleeping?	□ always □ usually □ sometimes □ never		
5. Do you do safe sleep checks and remove hazards from where your baby sleeps, such as: pillows, soft or loose items and toys?	☐ for every sleep ☐ for most sleeps ☐ for some sleeps ☐ never		
6. Does your baby sleep in the same room as a main carer at night?	□ always □ usually □ sometimes □ never		
7. Is your baby currently breastfed ? (use standard definitions for 'feeding in past 48 hours')	 □ exclusively or fully (only breastmilk) □ partially (mainly breastmilk) in past 48 hrs □ sometimes (mainly formula) in past 48 hrs □ not at all (no breastmilk) in past 48 hrs □ has never breastfed (no breastmilk ever) 		
8. Is a main carer receiving support to be smokefree?	☐ yes ☐ no ☐ N/A (main carer is smokefree)		
9. How often did your baby sleep in their sleep space this past week ?	☐ for all sleeps☐ for most sleeps☐ for some sleeps☐ for no sleeps		
10. What age is your baby now?			
(in completed weeks)	weeks		
11. Please rate how well your sleep space has supported you. (on a scale of 1(low) to 9 (high))	a) with better sleep for mother: b) with breastfeeding: c) with safety: d) in other ways (specify below)		
12. Where will your baby usually sleep next , when too big for the sleep space or bassinet?	☐ in a cot ☐ in portacot ☐ will bed share ☐ no usual place ☐ not sure		
COMMENT : Would you like to comment on your experience using a sleep space?			
THE END			
Please enter data for reporting to vo	ur service by opening the link below.		

https://changeforourchildrennz.sites.acclipse.com/pepi_pod_programme/sleep_space_data_record_2019