



Sleep Space Data Record 2021

From June 2021, Change for our Children requires all agencies supplying Pepi-Pod® sleep spaces in New Zealand, to record distribution and impact data here as a quality process. This form can be used for the issue of wahakura, Pēpi-Pod®, or any 'in-bed capable' sleep space offered. It records data on:

1. **Service details**
2. **Distribution reporting** *Are we offering sleep spaces to appropriate infants and implementing the programme with fidelity (i.e. as intended)?*
3. **Impact reporting** *Does infant care at 6-8 weeks reflect appropriate use of sleep spaces and safe infant care?*

INSTRUCTIONS: Please transfer information from this paper form to the **online e-form** at

https://changeforourchildrenz.sites.acclipse.com/pepi_pod_programme/sleep_space_data_record_2021

after all data required has been collected.

CONTACT DETAILS *(not required on the electronic version of this form)*

Name of parent/carer:			
Name of baby:			
Street address:			
Suburb:			Postcode:
City/Town:			
Telephone	Mobile:	Landline:	
Back-up contact:			
Email:			

RECORD OF PROGRESS *(not required on the electronic version of this form)*

- Referral received on ___ / ___ / ___ from _____
- Contact details for the referrer _____
- Distribution scheduled for ___ / ___ / ___ and completed on ___ / ___ / ___
- Follow-up planned for ___ / ___ / ___
- Data entered on ___ / ___ / ___
- File closed

PROGRAMME INFORMATION FOR WHĀNAU

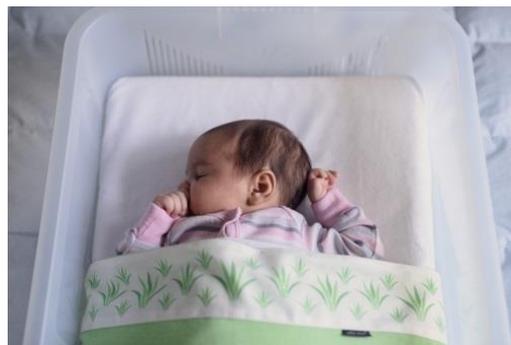
Easy to breathe - safe to sleep.

Pēpi-Pod® and wahakura offer babies a **zone of protection** for easy breathing when they sleep. They protect babies from accidental suffocation when sleeping in, or on, adult beds, on couches, in the same bed as others, or when away from home.

Babies who most need the protection of these sleep spaces are those who are young, premature, low birth weight, and/or exposed to smoking in pregnancy. Such babies have **weakened breathing**. Their 'wake-up' responses may **fail to protect** them when they meet breathing hazards during sleep.

Sleep spaces do not guarantee that babies will not die.

- **The sleep space must also be used in risk situations.** Sadly, too many babies have died, where a sleep space was in the house, but not used that sleep.
- **Babies also need care that makes them strong.** A strong baby is one who is breastfed, smokefree, immunised on time and handled gently. Such care sets babies up to survive.



protection = safe space + strong baby

Share your knowledge - protect more babies

You have influence. In exchange for this baby bed, we ask that you **share what you have learned** with others in your networks. We invite you to use the '**Your Tube**' resource to show others how to protect a baby's breathing. By doing this, you will help grow knowledge and protect the lives of many more babies.

Thank you.

REPORTING

1. Service details *(Essential for linking data to your DHB region)*

DHB region:	
Distribution Agency:	
Type of infant bed or sleep space offered:	<input type="checkbox"/> Pēpi-Pod® <input type="checkbox"/> Wahakura made by recipient <input type="checkbox"/> Pre-made Wahakura <input type="checkbox"/> Other
Pod ID number:	
Date sleep space was provided to family/whānau:	___ / ___ / ____ (dd/mm/yyyy)

2. Distribution reporting (data collected when a sleep space is issued)

To answer: Are sleep spaces going to more vulnerable babies?

Current age of mother :	_____ years
Age of baby at distribution (in completed weeks):	<input type="checkbox"/> unborn <input type="checkbox"/> < 1 week <input type="checkbox"/> _____ weeks (please specify)
Any smoking before most recent pregnancy:	<input type="checkbox"/> yes <input type="checkbox"/> no
Any smoking during most recent pregnancy:	<input type="checkbox"/> yes <input type="checkbox"/> no
Baby born <37wks or weighing <2500gm):	<input type="checkbox"/> yes <input type="checkbox"/> no
Any other concerns : (more than one option may be selected)	<input type="checkbox"/> regular smoking in baby's household <input type="checkbox"/> regular alcohol or drug use in baby's household <input type="checkbox"/> overcrowding <input type="checkbox"/> mental health concerns <input type="checkbox"/> low maternal support <input type="checkbox"/> infant welfare
Baby's ethnicity includes: (more than one option may be selected)	<input type="checkbox"/> Māori <input type="checkbox"/> Pacific <input type="checkbox"/> Other
Baby has a baby bed :	<input type="checkbox"/> yes (family has a cot, bassinet ...) <input type="checkbox"/> no (family has no other baby bed)

To answer: Are core components of the programme implemented?

Was a standard safety briefing completed?	<input type="checkbox"/> yes, using the picture card supplied <input type="checkbox"/> yes, but did not use the picture card <input type="checkbox"/> no
Was infant airway protection demonstrated to you, using the tube provided (or a drinking straw or similar)?	<input type="checkbox"/> yes <input type="checkbox"/> no
Were you (whānau) encouraged to use your demo tube to share your knowledge about protecting babies' breathing, with others?	<input type="checkbox"/> yes <input type="checkbox"/> no
PROCEED	to 3. Impact Reporting OR if finished, to the end.

3. Impact Reporting (data collected at follow-up when baby is 6-8 weeks)

To answer: Are sleep spaces used as protection tools? Are safe sleep principles applied?

1. How many people have you spoken with so far about protecting babies?	0 1 2 3 4 5 6 7 8 9 10 >10 (please circle to indicate)
2. Since getting your sleep space, has your baby ever shared a bed , mattress or couch with someone who was also asleep?	<input type="checkbox"/> yes <input type="checkbox"/> no
3. If yes, was your baby also in their sleep space at the time?	<input type="checkbox"/> always <input type="checkbox"/> usually <input type="checkbox"/> sometimes <input type="checkbox"/> never
4. Do you place your baby on the back for sleeping?	<input type="checkbox"/> always <input type="checkbox"/> usually <input type="checkbox"/> sometimes <input type="checkbox"/> never
5. Do you do safe sleep checks and remove hazards from where your baby sleeps, such as: pillows, soft or loose items and toys?	<input type="checkbox"/> for every sleep <input type="checkbox"/> for most sleeps <input type="checkbox"/> for some sleeps <input type="checkbox"/> never
6. Does your baby sleep in the same room as a main carer at night?	<input type="checkbox"/> always <input type="checkbox"/> usually <input type="checkbox"/> sometimes <input type="checkbox"/> never
7. Is your baby currently breastfed ? (use standard definitions for 'feeding in past 48 hours')	<input type="checkbox"/> exclusively or fully (only breastmilk) <input type="checkbox"/> partially (mainly breastmilk) in past 48 hrs <input type="checkbox"/> sometimes (mainly formula) in past 48 hrs <input type="checkbox"/> not at all (no breastmilk) in past 48 hrs <input type="checkbox"/> has never breastfed (no breastmilk ever)
8. Is a main carer receiving support to be smokefree ?	<input type="checkbox"/> yes <input type="checkbox"/> no <input type="checkbox"/> N/A (main carer is smokefree)
9. How often did your baby sleep in their sleep space this past week ?	<input type="checkbox"/> for all sleeps <input type="checkbox"/> for most sleeps <input type="checkbox"/> for some sleeps <input type="checkbox"/> for no sleeps
10. What age is your baby now? (in completed weeks)	_____ weeks
11. Please rate how well your sleep space has supported you. (on a scale of 1(low) to 9 (high))	a) with better sleep for mother: _____ b) with breastfeeding: _____ c) with safety: _____ d) in other ways (specify below) _____
12. Where will your baby usually sleep next , when too big for the sleep space or bassinet?	<input type="checkbox"/> in a cot <input type="checkbox"/> in portacot <input type="checkbox"/> will bed share <input type="checkbox"/> no usual place <input type="checkbox"/> not sure
COMMENT: Would you like to comment on your experience using a sleep space?	_____
THE END	

Please enter data for reporting to your service by opening the link below.

https://changeforourchildren.nz/sites/acclipse.com/pepi_pod_programme/sleep_space_data_record_2019